










SUCCESS ACADEMY | SEPTEMBER 29-NOVEMBER 7

Menu is subject to change without notice, substitutions may be made based on availability and seasonality of food items.
Breakfast items are listed in orange italics. Lunch entrée choices, specific to availability dates, are listed below in the calendar square.
Every meal includes choice of milk, fruit and vegetable, grain and meat or meat alternative.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Chocolate Oatmeal Bar</i> SEP 29 Breaded Chicken Drumstick & Roll Ham, Turkey & Cheese Sub	<i>Pancake on a Stick</i> SEP 30 Chicken Taco Pizza Salad & Roll	<i>Cereal Bowl</i> OCT 1 Hot Dog Pizza Salad & Roll 	<i>Donut</i> OCT 2 Spaghetti & Meatsauce w/Breadstick Pizza Salad & Roll	<i>Country Chicken Biscuit</i> OCT 3 Sausage Pizza Ham, Turkey & Cheese Sub
<i>Poptart</i> OCT 6 Chicken Fried Steak w/Gravy & Roll Ham, Turkey & Cheese Sandwich	<i>Mini Cinni Rolls</i> OCT 7 Beef Taco Ranch Chicken & Cheese Salad w/Roll	<i>Cereal Bowl</i> OCT 8 Popcorn Chicken & Roll Ranch Chicken & Cheese Salad w/Roll	<i>Chocolate Oatmeal Bar</i> OCT 9  Ranch Chicken & Cheese Salad w/Roll	<i>Bagel</i> OCT 10 Pepperoni Pizza Ham & Cheese Sub
<i>Muffin</i> OCT 13 Chicken Strips & Roll Chicken Nugget & Cheese Wrap	<i>Mini Strawberry Crunch Bagel</i> OCT 14 Walking Taco Pizza Salad w/Roll	<i>Cereal Bowl</i> OCT 15 BBQ Pork Riblet Sandwich Pizza Salad w/Roll	<i>Confetti Pancakes</i> OCT 16 Salisbury Steak w/Gravy & Roll Pizza Salad w/Roll	 OCT 17
 OCT 20	<i>Blueberry Waffle</i> OCT 21 Beef Taco Popcorn Chicken & Cheese Salad w/Roll	<i>French Toast Bites</i> OCT 22 Mini Corn Dogs Popcorn Chicken & Cheese Salad w/Roll	<i>French Toast Sticks</i> OCT 23 Chicken Alfredo w/Breadstick Popcorn Chicken & Cheese Salad w/Roll	<i>Turkey Sausage Biscuit</i> OCT 24 Cheese Pizza Turkey & Cheese Sub
<i>Donut</i> OCT 27  Ham & Cheese Sub <i>Pumpkin Spice Dessert</i> 	<i>CinnaToast Crunch Pastry</i> OCT 28 Crispito Chicken & Cheese Salad w/Roll	<i>Cereal Bowl</i> OCT 29 Chicken Nuggets & Roll Chicken & Cheese Salad w/Roll	<i>Muffin</i> OCT 30 Chinese Dumplings Chicken & Cheese Salad w/Roll	<i>Chicken Sausage Biscuit</i> OCT 31 Pepperoni Pizza Ham & Cheese Sub 
<i>Chocolate Oatmeal Bar</i> NOV 3 Breaded Chicken Drumstick & Roll Ham, Turkey & Cheese Sub	<i>Pancake on a Stick</i> NOV 4 Chicken Taco Pizza Salad & Roll	<i>Cereal Bowl</i> NOV 5 Hot Dog Pizza Salad & Roll	<i>Donut</i> NOV 6 Spaghetti & Meatsauce w/Breadstick Pizza Salad & Roll	<i>Country Chicken Biscuit</i> NOV 7 Sausage Pizza Ham, Turkey & Cheese Sub

• SUCCESS ACADEMY • MORE EVERYDAY CHOICES • MADE-TO-ORDER •

 Hamburger =OR= Cheeseburger Spicy =OR= Regular Chicken Sandwich French Fries available everyday!	Hamburger =OR= Cheeseburger Spicy =OR= Regular Chicken Sandwich French Fries available everyday!	Hamburger =OR= Cheeseburger Spicy =OR= Regular Chicken Sandwich French Fries available everyday!	Hamburger =OR= Cheeseburger Spicy =OR= Regular Chicken Sandwich French Fries available everyday!	Hamburger =OR= Cheeseburger Spicy =OR= Regular Chicken Sandwich French Fries available everyday!	
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THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.



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Meant to promote better eating habits, and to encourage us to share more meals together, schedule meals together this month. Eating with your family and friends on a regular basis has been associated with improved social skills, better eating habits, and fewer behavioral problems in kids and teenagers. It is also helpful for reducing stress in adults!



AVAILABLE ON CAMPUS: **À LA CARTE**
Extra Entrée • Fresh Fruit • Veggies • Assorted Chips & Cookies
Dessert items • Bottled Water & Juices ...and more!
Items are à la carte and may be purchased in addition to a cafeteria lunch or a lunch from home. "Extras" may be purchased with cash or your account. They may NOT be charged.

check out Jonesboro's SOCIAL MEDIA for breakfast or lunch updates and more!
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