## Food...Fun...Friends

## SEPTEMBER 29-NOVEMBER 7

**JONESBORO** 

2025-2026

Students.....FREE

Faculty/Staff..... \$3.00

Students ..... FREE

Faculty/Staff..... \$5.50

This institution is an equal opportunity provider.

> WHEN THIS SYMBOL IS ON THE MENU, **BREAKFAST** 4 LUNCH! IS AN OPTION FOR YOU

BREAKFAST

**LUNCH** 

Menu is subject to change without notice, substitutions may be made based on availability and seasonality of food items.

Breakfast items are listed in orange italics. Lunch entrée choices are listed below in bold type. Every meal includes choice of milk, fruit and vegetable, grain and meat or meat alternative.

Kindergarten Menu items

Pre-K Menu items

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Banana Bread SEP BREAKFAST 4 LUNCH! 29	Confetti Pancakes S Beef Taco	Cereal Bowl Spaghetti & Meatsauce	Pancake on a Stick BBQ Pork Riblet Sandwich  OCT 2	Country Chicken Biscuit Ham & Cheese Sub  OCT 3
Chocolate Oatmeal Bar Beef Teriyaki Dippers	Pancake on a Stick Chicken Taco	Cereal Bowl Hamburger VEGGIE SIDES! WORLD VEGETARIAN DAY	Donut Hot Dog	Country Chicken Biscuit Spaghetti & Meatsauce
Muffin OCT Maxx Sticks 6	Blueberry Waffle O Nachos	CT Cereal Bowl Chicken Alfredo & Roll 8	French Toast Sticks Popcorn Chicken & Roll  9	Turkey Sausage Biscuit OCT Cheese Pizza 10
Poptart Chicken Fried Steak w/Gravy & Roll	Mini Cinni Rolls Beef Taco	Cereal Bowl Popcorn Chicken & Roll	<b>Donut</b> Hamburger	Bagel Pepperoni Pizza
Muffin OCT Hamburger 13		CT Cereal Bowl Dippers 15		STUDENT OCT 17
Muffin Chicken Strips & Roll	Mini Strawberry Crunch Bagel Walking Taco	Cereal Bowl Salisbury Steak w/Gravy & Roll	Muffin BREAKFAST 4 LUNCH!	HOLIDAY
STUDENT OCT 20	Confetti Pancakes 0 Beef Nachos	CT Cereal Bowl OCT Popcorn Chicken & Potato Bowl & Roll		Country Chicken Biscuit Turkey & Cheese Sub  OCT 24
HOLIDAY	Blueberry Waffle Beef Taco	Cereal Bowl Mini Corndogs	Breakfast Pizza Hamburger	Bagel Chicken Alfredo & Breadstick
Muffin Chicken Fried Steak & Roll  OCT 27		CT Cereal Bowl Hot Dog 29		Chicken Sausage Biscuit Pepperoni Pizza  OCT 31
Muffin DAY!  BREAKFAST 4LUNCH!	CinnaToast Crunch Pastry Crispito	Cereal Bowl Chicken Nuggets & Roll	French Toast Bites Chicken Sandwich	Chicken Sausage Biscuit Cheese Pizza  Cheese Pizza  Cheese Pizza
Banana Bread NOV BREAKFAST 4 LUNCH!	Confetti Pancakes No Beef Taco	OV Cereal Bowl Spaghetti & Meatsauce 5	Pancake on a Stick BBQ Pork Riblet Sandwich  6	Country Chicken Biscuit Ham & Cheese Sub 7
Chocolate Oatmeal Bar	Pancake on a Stick	Cereal Bowl	Donut Hot Dog	Country Chicken Biscuit Spagnetti & Meatsauce

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

Hamburger

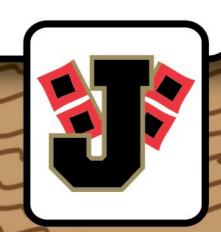


Spaghetti & Meatsauce



Meant to promote better eating habits, and to encourage us to share more meals together, schedule meals together this month. Eating with your family and friends on a regular basis has been associated with improved social skills, better eating habits, and fewer behavioral problems in kids and teenagers. It is also helpful for reducing stress in adults!

**Hot Dog** 



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Á La Carte items are available for purchase at all locations. Purchase with either cash or account. Á la Carte items may not be charged.



Chicken Taco

**Beef Teriyaki Dippers**