JUNIOR HIGH | NOVEMBER 10-DECEMBER 19

Menu is subject to change without notice, substitutions may be made based on availability and seasonality of food items.

Breakfast items are listed in orange italics. Lunch entrée choices, specific to availability dates, are listed below in the calendar square. Every meal includes choice of milk, fruit and vegetable, grain and meat or meat alternative.							
MONDAY	TUESDAY		ı	WEDNESDAY		THURSDAY	
Muffin	NOV	Mini Cinni Rolls	NOV	Cereal Bowl	NOV	Blueberry Waffles	

Steak Fingers Gochunang Hot Honey Chicken Sandwich w/Gravy & Roll Pizza Salad & Roll Chicken Strip Wrap

Mini Cinni Rolls

Muffin

JONESBORO 2025-2026

Students.....FREE

Faculty/Staff..... \$3.00

Students FREE

Faculty/Staff..... \$5.50

This institution is an equal opportunity provider.

EAT WELL

BE WELL

MONTH

WHEN THIS SYMBOL IS

BREAKFAST

4 LUNCH!

IS AN OPTION FOR YOU

<u>BREAKFAST</u>

<u>LUNCH</u>

NOV Cereal Bowl Chicken Strips & Roll Ham, Turkey & **Cheese Sandwich**

NOV **Blueberry Waffles** Gochunang Hot Honey Chicken Sandwich Popcorn Chicken Salad & Roll

NOV Bagel Mac & Cheese Chicken Alfredo Ham, Turkey & Cheese Sub

Manager's Choice

FRIDAY

refresh. refuel. relax

21

PRE-HOLIDAY PANTRY: **Limited Options** Menu subject to change. **Limited Options** Menu subject to change. **Limited Options** Manager's Choice Manager's Choice 20 Manager's Choice Manager's Choice Manager's Choice

CHHANKSCIVING Manager's Choice Manager's Choice Manager's Choice Turkey & Stuffing w/Roll, Mashed Potatoes & Gravy Green Beans & Dessert!

<option 2: Chicken Nuggets> Nov 24-28 | Thanksgiving Break Be safe and have a great break!

POST-HOLIDAY PANTRY: As delivery catches up with the schools being opened, **Limited Options** Menu subject to change. **Limited Options** Menu subject to change.									
Donut DEC	French Toast Bites DEC	Cereal Bowl DEC	CinnaToast Crunch Pastry DEC	Chicken Sausage Biscuit DEC					
Chicken Strips & Roll 1	BREAKFAST 2 4 LUNCH!	Chicken Fried Rice 3 w/Egg Roll	Chicken Nuggets & Roll 4	Chili Dog 5					
	7.1.	w/ Lgg Roll							
Banana Bread DEC	Frudel DEC	Cereal Bowl DEC	Donut DEC	Sausage, Egg DEC					
Popcorn Chicken & Roll	🔟 Jalapeño Popper Burger 🦻	BBQ Chicken Sandwich 10	🚻 Jalapeño Popper Burger 🔭	& Cheese Burrito 12					
Southwest Chicken Wrap	Buffalo Ranch Popcorn	Ham, Turkey & Cheese Sub	Chicken Chef Salad & Roll	Meatloaf					
	Chicken Salad w/Roll			Ham & Cheese Wrap					

PRE-HOLIDAY PANTRY: **Limited Options** Menu subject to change. **Limited Options** Menu subject to change. **Limited Options** Manager's Choice DEC 18 HOLIDAY Med Manager's Choice Manager's Choice Manager's Choice Manager's Choice Turkey & Stuffing w/Roll,

MADE TO ORDER PASTA BAR

PASTA » Penne த Spaghetti (rotates weekly) SERVED WITH» Breadstick ADD» Chicken

Meatballs тор іт» Marinara 🛭 Alfredo ADD» Parmesan Cheese

MADE TO ORDER TORTILLA BAR

Made-to-Order Nachos or Tacos: снооѕе» Tortilla & Chips ADD» Chicken Shreds & Beef Taco Meat ADD» Jalapeños • Salsa Sour Cream • Romaine Lettuce • Tomatoes MADE TO ORDER Deli Day

Made-to-Order Sub Sandwiches: CHOOSE» Sub Roll

Herb Sub Roll снооse 1» Turkey & Ham ард 1» Cheddar & American Cheese & Pepper Jack TOP IT OFF» Pickles

Tomatoes

Mashed Potatoes & Gravy

Green Beans & Dessert! <option 2: Chicken Nuggets>

MADE TO ORDER TORTILLA BAR

Made-to-Order Nachos or Tacos: ADD» Chicken Shreds & Beef Taco Meat ADD» Jalapeños • Salsa Sour Cream • Romaine Lettuce • Tomatoes

MADE TO ORDER Baked Potato Bar

Made-to-Order Baked Potatos снооѕе» Beefy Chili Я Ham снооѕе» Shredded Cheese тор іт оғғ» Sour Cream ≶ Butter

· JUNIOR HIGH SCHOOL · MORE EVERYDAY CHOICES · MADE-TO-ORDER ·

CRISPITO =0R= WALKING TACO AVAILABLE ONCE A MONTH **EVERY MONTH!**

EVERYDAY CHOICES: Hamburger = OR = Cheeseburger = OR = Spicy = OR = Regular Chicken Sandwich • French Fries & MORE! GRAB PIZZA OPTION: MONDAY-THURSDAY: Pizza: Pepperoni = OR = Cheese | FRIDAY: Pizza: Cheese = OR = Specialty Pizza! & GO

> December 22-January 2 | Winter Break Have a great break! See you on Monday, January 5, 2026

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K—12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.



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Extra Entrée • Fresh Fruit • Veggies • Assorted Chips & Cookies Dessert items • Bottled Water & Juices ...and more!

Items are á la carte and may be purchased in addition to a cafeteria lunch or a lunch from home. "Extras" may be purchased with cash or your account. They may NOT be charged.

