

JUNIOR HIGH | AUGUST 13-SEPTEMBER 26



Menu is subject to change without notice, substitutions may be made based on availability and seasonality of food items.
Breakfast items are listed in orange italics. Lunch entrée choices, specific to availability dates, are listed below in the calendar square.
Every meal includes choice of milk, fruit and vegetable, grain and meat or meat alternative.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WELCOME BACK!		Cereal Bowl AUG 13 Popcorn Chicken Bowl & Roll Made-to-Order DELI DAY	Confetti Pancakes AUG 14 Chicken Strips & Roll Made-to-Order TORTILLA BAR	Turkey Sausage Biscuit AUG 15 BBQ Pork Riblet Sandwich MTO BAKED POTATO BAR
Donut AUG 18 Chicken Strips & Roll Made-to-Order PASTA BAR	French Toast Bites AUG 19 BREAKFAST 4 LUNCH! Made-to-Order TORTILLA BAR	Cereal Bowl AUG 20 Chicken Fried Rice w/Egg Roll Made-to-Order DELI DAY	CinnaToast Crunch Pastry AUG 21 Hot Dog Made-to-Order TORTILLA BAR	Chicken Sausage Biscuit AUG 22 Salisbury Steak & Gravy MTO BAKED POTATO BAR
Oatmeal Chocolate Breakfast Bar AUG 25 Popcorn Chicken & Roll Made-to-Order PASTA BAR	Cereal Bar AUG 26 Orange Chicken Made-to-Order TORTILLA BAR	Cereal Bowl AUG 27 BBQ Chicken Sandwich Made-to-Order DELI DAY	Donut AUG 28 Corndog Made-to-Order TORTILLA BAR	Sausage, Egg & Cheese Burrito AUG 29 Meatloaf MTO BAKED POTATO BAR
LABOR DAY SEP 1	Mini Cinni Rolls SEP 2 Chicken Parmesean Panini Made-to-Order TORTILLA BAR	Cereal Bowl SEP 3 Chicken Strips & Roll Made-to-Order DELI DAY	Blueberry Waffles SEP 4 Beef Steak & Provolone Melt Made-to-Order TORTILLA BAR	Bagel SEP 5 Mac & Cheese Chicken Alfredo MTO BAKED POTATO BAR
Donut SEP 8 Chicken Fried Steak w/Gravy & Roll Made-to-Order PASTA BAR	Pancake on a Stick SEP 9 Beef Teriyaki Dippers Made-to-Order TORTILLA BAR	Cereal Bowl SEP 10 BREAKFAST 4 LUNCH! Made-to-Order DELI DAY	Confetti Pancakes SEP 11 Chicken Nuggets & Roll Made-to-Order TORTILLA BAR	Country Chicken Biscuit SEP 12 Maxx Sticks MTO BAKED POTATO BAR
Breakfast Pizza SEP 15 Corndog Made-to-Order PASTA BAR	Mini Strawberry Crunch Bagel SEP 16 LTO Fajita Chicken Flatbread	Cereal Bowl SEP 17 Popcorn Chicken Bowl & Roll Made-to-Order DELI DAY	Frudel SEP 18 LTO Fajita Chicken Flatbread	Turkey Sausage Biscuit SEP 19 BBQ Pork Riblet Sandwich MTO BAKED POTATO BAR
Donut SEP 22 Chicken Strips & Roll Made-to-Order PASTA BAR	French Toast Bites SEP 23 BREAKFAST 4 LUNCH! Made-to-Order TORTILLA BAR	Cereal Bowl SEP 24 Chicken Fried Rice w/Egg Roll Made-to-Order DELI DAY	CinnaToast Crunch Pastry SEP 25 Chinese Dumpling NATIONAL CHINESE DUMPLING DAY! Made-to-Order TORTILLA BAR	Chicken Sausage Biscuit SEP 26 Salisbury Steak & Gravy MTO BAKED POTATO BAR

Made-to-Order Pasta Options: Choose a pasta, protein and sauce—Alfredo or Marinara—extra toppings and served with a breadstick.	MADE TO ORDER PASTA BAR	Made-to-Order Sub Sandwiches: Choose your protein, add cheese and top-off with lettuce, pickles, jalapeños and more!	MADE TO ORDER Deli Day	Made-to-Order Nachos or Tacos: Toppings: Shredded Cheese/Queso, Sour Cream, Jalapeños, Salsa and more!	MADE TO ORDER TORTILLA BAR	Made-to-Order Baked Potatoes with topping options: Popcorn Chicken, Sour Cream, Cheese, Bacon and more!	MADE TO ORDER Baked Potato Bar
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• JUNIOR HIGH SCHOOL • MORE EVERYDAY CHOICES • MADE-TO-ORDER •

ALERT! CRISPITO ~~OR~~ WALKING TACO AVAILABLE ONCE A MONTH EVERY MONTH!

EVERYDAY CHOICES: Hamburger =OR= Cheeseburger =OR= Spicy =OR= Regular Chicken Sandwich • French Fries & MORE!
PIZZA OPTION: MONDAY-THURSDAY: Pizza: Pepperoni =OR= Cheese || FRIDAY: Pizza: Cheese =OR= Specialty Pizza!

GRAB & GO GRILL

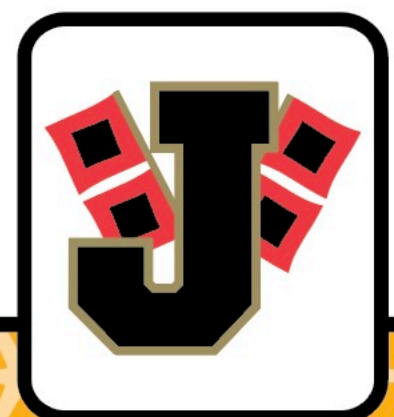
THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

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STUDENT NUTRITION



AVAILABLE ON CAMPUS: À LA CARTE

Extra Entrée • Fresh Fruit • Veggies • Assorted Chips & Cookies
Dessert items • Bottled Water & Juices ...and more!

Items are à la carte and may be purchased in addition to a cafeteria lunch or a lunch from home. "Extras" may be purchased with cash or your account. They may NOT be charged.

JONESBORO 2025-2026

BREAKFAST
Students.....FREE

Faculty/Staff..... \$3.00

LUNCH
Students FREE

Faculty/Staff..... \$5.00

This institution is an equal opportunity provider.

WHEN THIS SYMBOL IS ON THE MENU, **BREAKFAST 4 LUNCH!** IS AN OPTION FOR YOU

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