

ELEMENTARY SEPTEMBER 29-NOVEMBER 7

Menu is subject to change without notice, substitutions may be made based on availability and seasonality of food items.

Breakfast items are listed in orange italics. Lunch entrée choices are listed below in bold type.

Every meal includes choice of milk, fruit and vegetable, grain and meat or meat alternative.

JONESBORO 2025-2026

BREAKFAST

StudentsFREE


Faculty/Staff \$3.00

LUNCH

Students FREE

Faculty/Staff \$5.50

This institution is an
equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Banana Bread</i> SEP 29 Beef Teriyaki Dippers BBQ Chicken Patty & Cheese Wrap	<i>Pancake on a Stick</i> SEP 30 Chicken Taco Popcorn Chicken Salad w/Roll	<i>Cereal Bowl</i> OCT 1 Maxx Sticks Turkey & Cheese Wrap 	<i>Donut</i> OCT 2 Hot Dog Ham & Turkey Cobb Salad w/Roll	<i>Country Chicken Biscuit</i> OCT 3 Spaghetti & Meatsauce w/Breadstick Ham & Cheese Sandwich
<i>Poptart</i> OCT 6 Chicken Fried Steak w/Gravy & Roll Ranch Chicken Wrap	<i>Mini Cinni Rolls</i> OCT 7 Nachos Turkey Chef Salad w/Roll	<i>Cereal Bowl</i> OCT 8 Chicken & Rice Ham & Cheese Wrap HISPANIC HERITAGE MONTH!	<i>Breakfast Round</i> OCT 9  BREAKFAST 4 LUNCH! Ranch Chicken Salad w/Roll	<i>Sausage, Egg & Cheese Burrito</i> OCT 10 Pepperoni Pizza Ham, Turkey & Cheese Sub
<i>Muffin</i> OCT 13 Teriyaki PopChicken Bowl Ham, Turkey & Cheese Sub	<i>Mini Strawberry Crunch Bagel</i> OCT 14 LTO Sausage & Cheesy Potato Soup Beef Taco	<i>Cereal Bowl</i> OCT 15 Salisbury Steak w/Gravy & Roll Chicken Nugget & Cheese Wrap	<i>Confetti Pancakes</i> OCT 16 Beef Teriyaki Dippers Popcorn Chicken Salad w/Roll	STUDENT HOLIDAY OCT 17
STUDENT HOLIDAY OCT 20	<i>Blueberry Waffle</i> OCT 21 Walking Taco Turkey Chef Salad & Roll	<i>Cereal Bowl</i> OCT 22 Mini Corndogs Ranch Chicken & Cheese Wrap	<i>Banana Bread</i> OCT 23 Hamburger Chicken & Cheese Salad w/Roll	<i>Bagel</i> OCT 24 Chicken Parmesean & Breadstick Ham, Turkey & Cheese Sub
<i>Muffin</i> OCT 27  BREAKFAST 4 LUNCH! Buffalo Ranch Chicken & Cheese Wrap <i>Pumpkin Spice Dessert</i>	<i>CinnaToast Crunch Pastry</i> OCT 28 Crispito Ham & Turkey Cobb Salad w/Roll Pumpkin DAY!	<i>Cereal Bowl</i> OCT 29 Chicken Nuggets & Roll Ham & Cheese Sandwich	<i>French Toast Bites</i> OCT 30 Chicken Sandwich Ranch Chicken Salad w/Roll	<i>Chicken Sausage Biscuit</i> OCT 31 Chili Dog Turkey & Cheese Wrap NO TRICKS JUST TREATS! 
<i>Banana Bread</i> NOV 3 Beef Teriyaki Dippers BBQ Chicken Patty & Cheese Wrap	<i>Pancake on a Stick</i> NOV 4 Chicken Taco Popcorn Chicken Salad w/Roll	<i>Cereal Bowl</i> NOV 5 Maxx Sticks Turkey & Cheese Wrap	<i>Donut</i> NOV 6 Hot Dog Ham & Turkey Cobb Salad w/Roll	<i>Country Chicken Biscuit</i> NOV 7 Spaghetti & Meatsauce w/Breadstick Ham & Cheese Sandwich



THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

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STUDENT NUTRITION



Meant to promote better eating habits, and to encourage us to share more meals together, schedule meals together this month. Eating with your family and friends on a regular basis has been associated with improved social skills, better eating habits, and fewer behavioral problems in kids and teenagers. It is also helpful for reducing stress in adults!



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À La Carte items are available for purchase at all locations. Purchase with either cash or account. À la Carte items may not be charged.

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SOCIAL MEDIA
for breakfast or lunch updates and more!



AVAILABLE ON CAMPUS À LA CARTE

Extra Entrée
Fresh Fruit • Veggies
Assorted Chips & Cookies
Dessert items
Bottled Water & Juices
...and more!

Items are à la carte and may be purchased in addition to a cafeteria lunch or a lunch from home.

"Extras" may be purchased with cash or your account. They may NOT be charged.